

GASTROENTEROLOGY & HEPATOLOGY ASSOCIATES, P.C.

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PREPARATIONS FOR HEMORRHOID DESTRUCTION

Patient name: _____

Step 1: Please purchase at any pharmacy or grocery store (over the counter):

- Dulcolax suppository
- Two (2) Fleets enema

Step 2: The day before the procedure _____

The day before the procedure take one (1) Dulcolax suppository at bedtime.

Step 3: The day of the procedure _____

At 6:00 a.m., administer yourself the two (2) Fleets enemas, 30 minutes apart.

THE PROCEDURE WILL BEGIN AT _____ A.M. / P.M.

If you have any questions after or before work hours, please call (703) 823-0333
and the on-call physician will be paged.